

# **Offensive Playbook For Canadian Six-A-Side Football**

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For  
The Canadian Football League  
Football Canada & Football Saskatchewan

## Offensive Playbook Notes

### 30 Series

QB reverse pivot on all plays (Opens away from TBs initial direction)

30 designates that the TB is receiving the ball

Man blocking schemes

Lead - tells the FB that he/she is the lead blocker

Counter - tells the TB that there is a change of Direction and a pull blocker from the line

Toss - tells the TB that he is receiving a pitch from the QB

Pro - is a prefix to designate play action pass

### 40 Series

QB opens to play

40 designates that the TB is receiving the ball

Zone blocking schemes

Lead - tells the FB or Slot that he/she is the lead blocker

BOB - tells the FB or Slot to Block on Backside of play

Pro - is a prefix to designate play action pass

### 10 Series

QB is running the ball

Power - tells the backs to lead block

End around - tells the end he/she is receiving a handoff going the opposite direction of play

### 50 Protection

Three player protection, usually the three linemen unless an End is put into pattern

Patterns are given to the field strength first from closest to the QB to furthest and then to the weak side from inside out

Allow free blitz to come from call side (i.e. 51 protection, ensure that the right side is blocked and QB can see pass rusher)

50/51 designates a drop back pass

58/59 designates a roll out pass

### 60 Protection

Four player protection, usually the three linemen unless an End is put into pattern

Patterns are given to the field strength first from closest to the QB to furthest and then to the weak side from inside out

The TB blocks away from the call protecting QBs backside

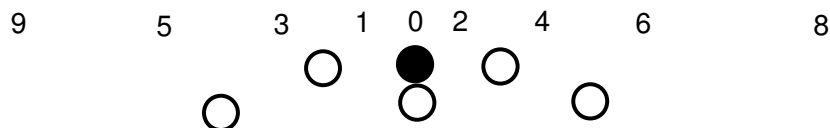
If FB is in protection and End is in pattern the FB replaces the End

Allow free blitz to come from call side (i.e. 61 protection, ensure that the right side is blocked and QB can see pass rusher)

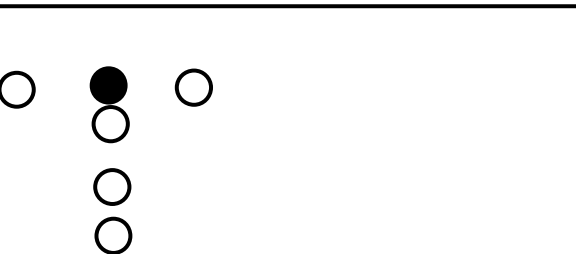
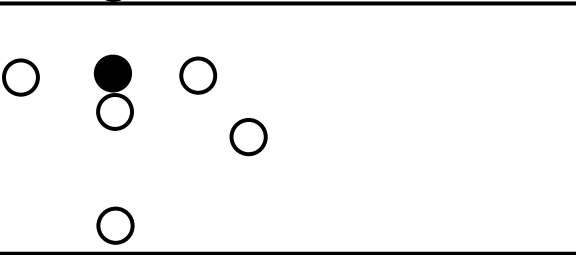
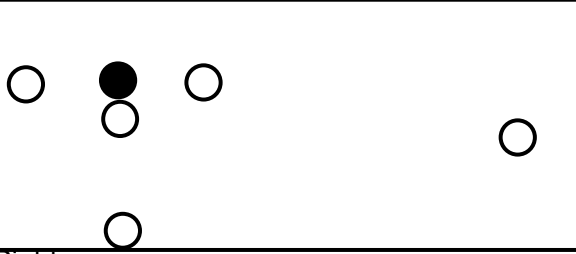
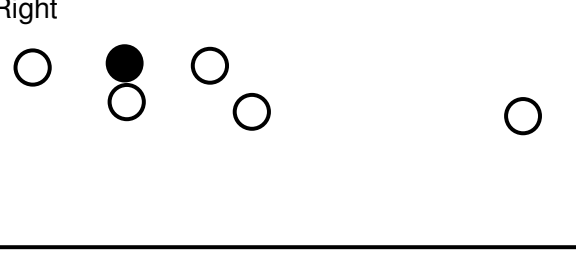

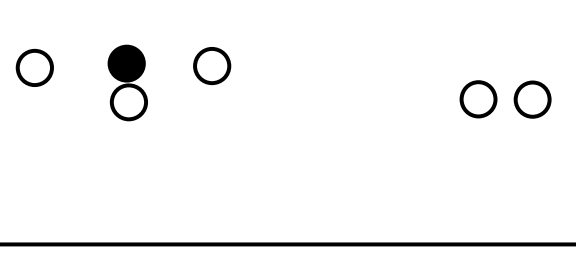
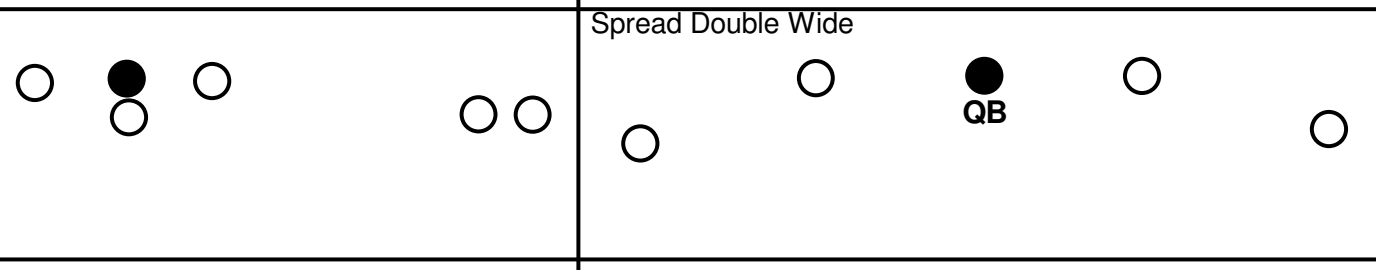
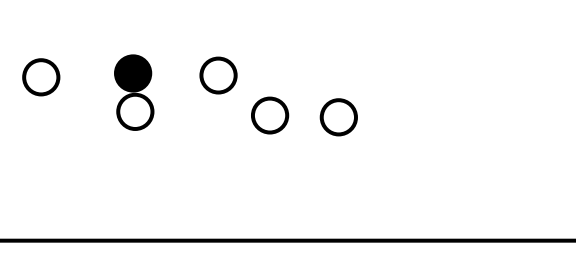
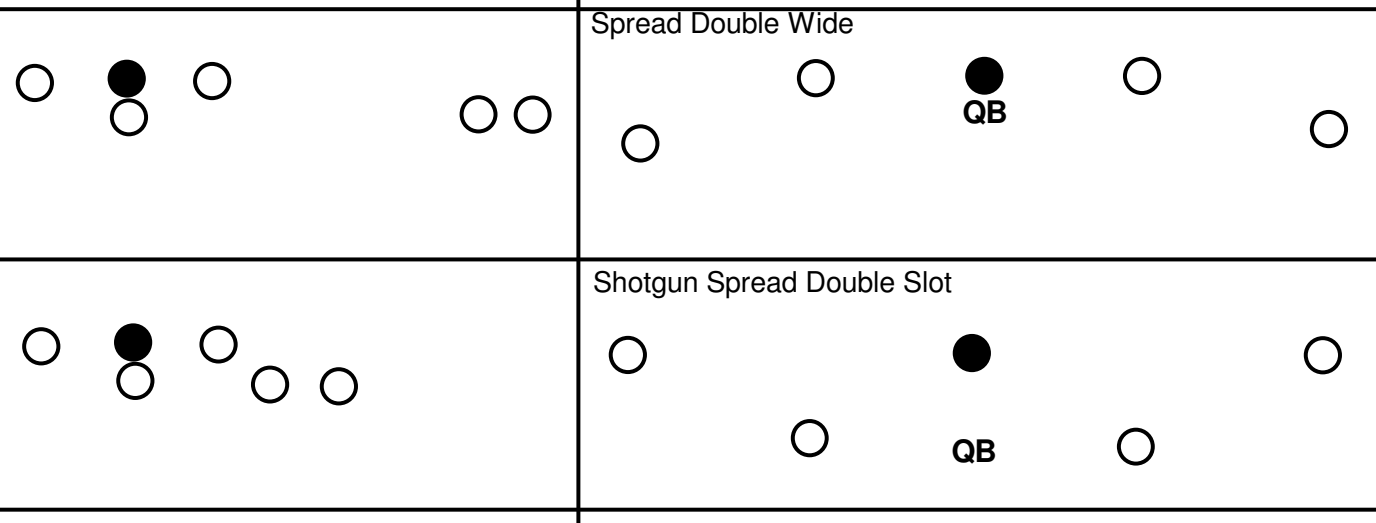
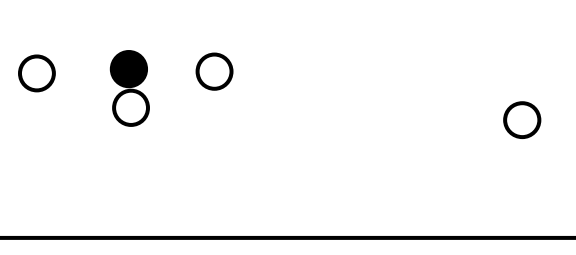
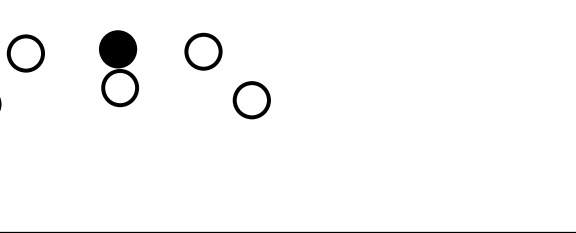
50/51 designates a drop back pass

58/59 designates a roll out pass

### Offensive Numbered Holes



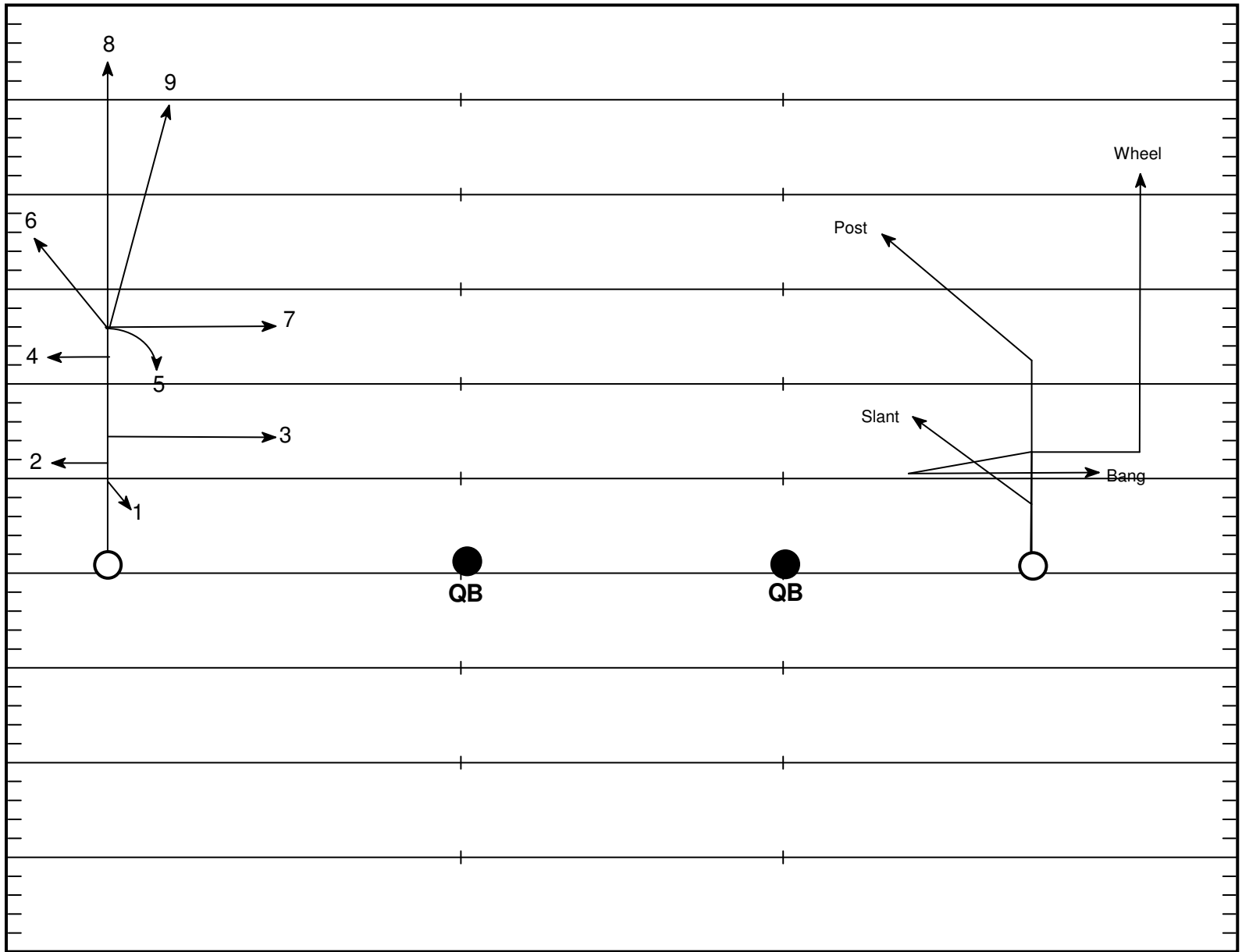
# Offensive Formations

<p>I Formation</p> 	<p>Split</p>
<p>Slot Right</p> 	<p>Split Strong/Weak</p>
<p>Wide Right</p> 	<p>I Strong/Weak</p>
<p>Slot Right Wide Right</p> 	<p>Slot Left Wide Right</p> 
<p>Twin Wide Right</p> 	<p>Spread Double Wide</p> 
<p>Twin Slot Right</p> 	<p>Shotgun Spread Double Slot</p> 
<p>Double Wide</p> 	
<p>Double Slot</p> 	

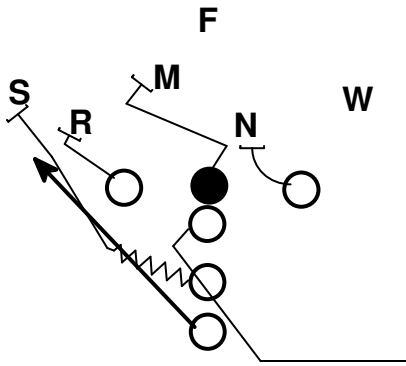
# Receiver Routes

Route Tree

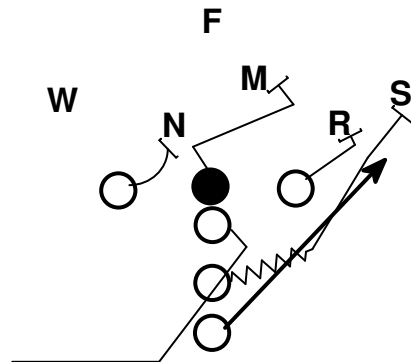
Other Routes



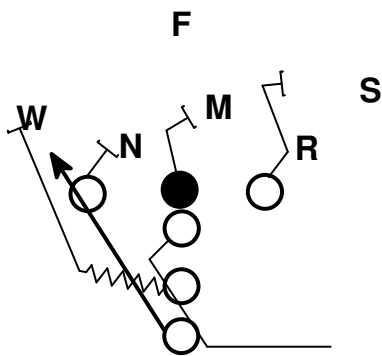
33 Lead



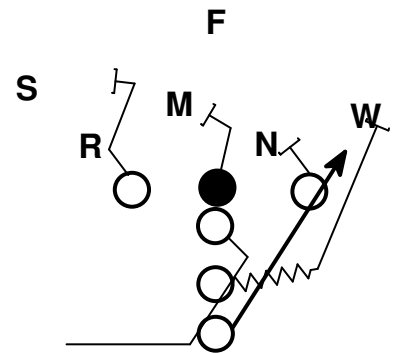
34 Lead



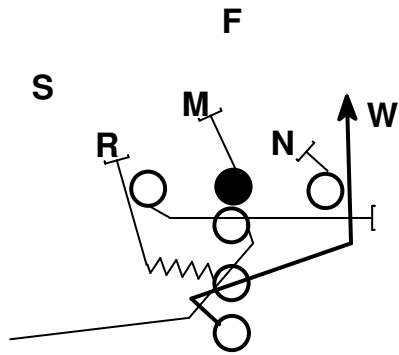
33 Lead



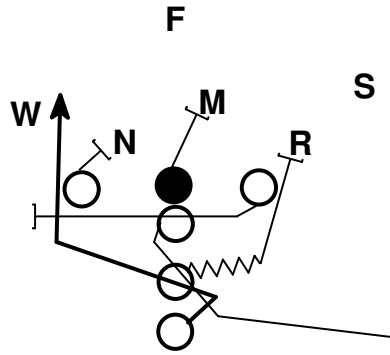
34 Lead



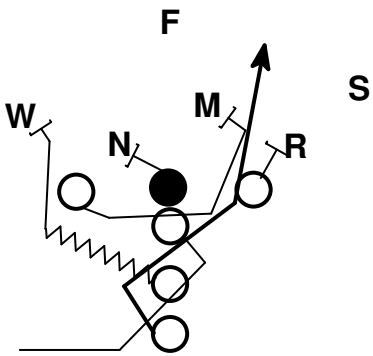
33 Counter



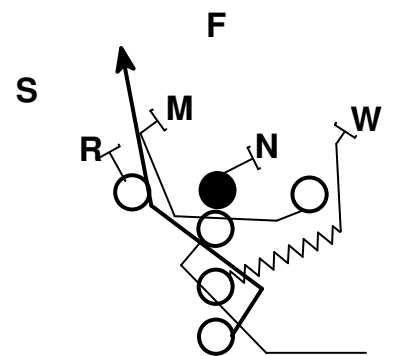
34 Counter



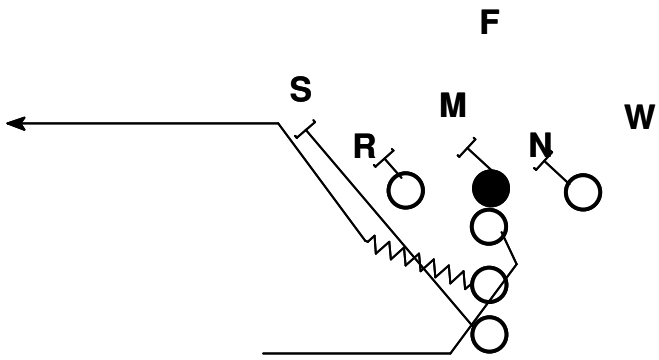
33 Counter



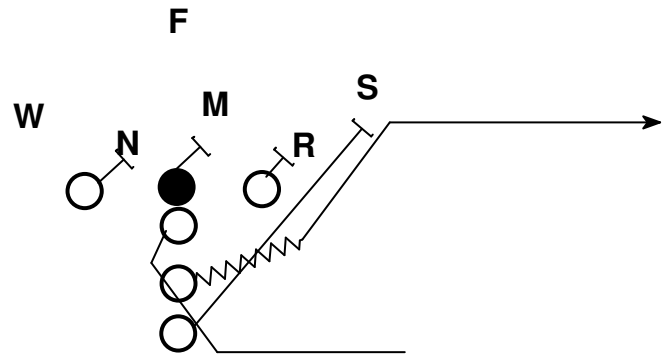
34 Counter



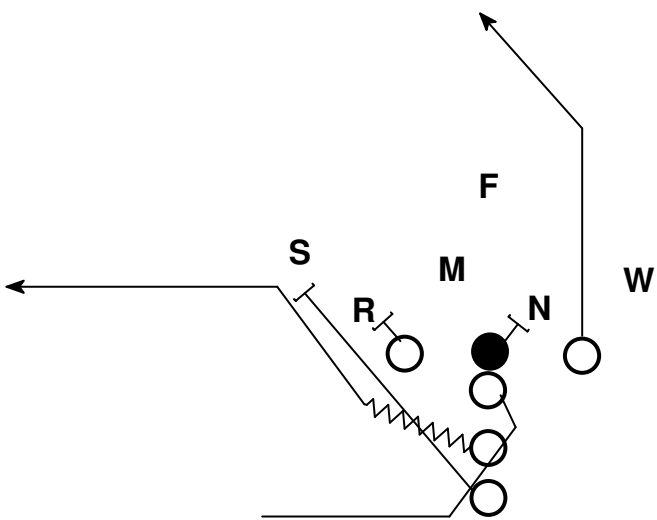
Pro 33 Back Flat



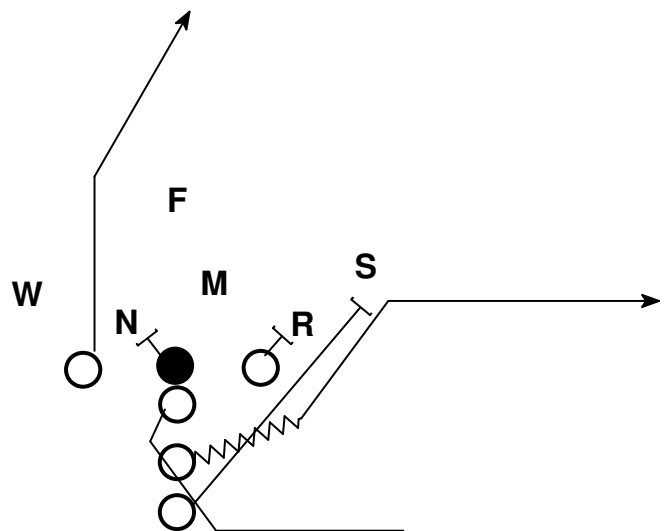
Pro 34 Back Flat



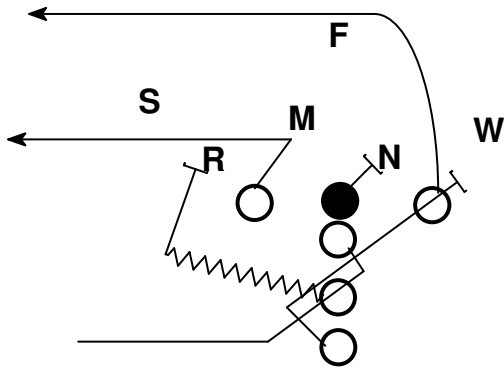
Pro 33 Back Flat End Post



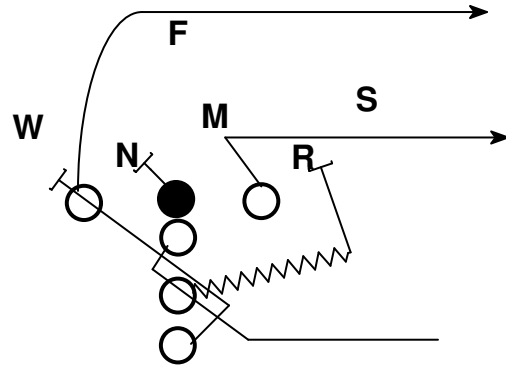
Pro 34 Back Flat End Post



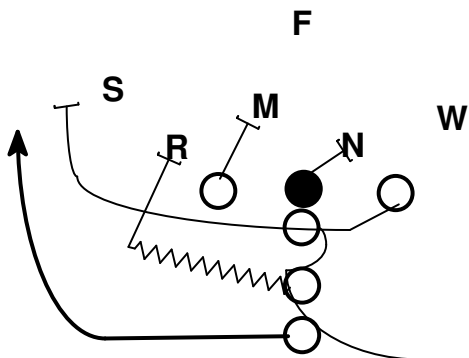
Pro 33 Counter Boot Slam Drag



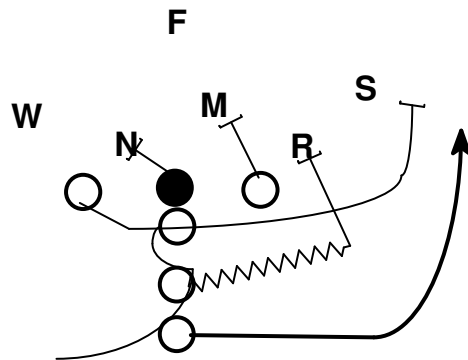
Pro 34 Counter Boot Slam Drag



39 Toss

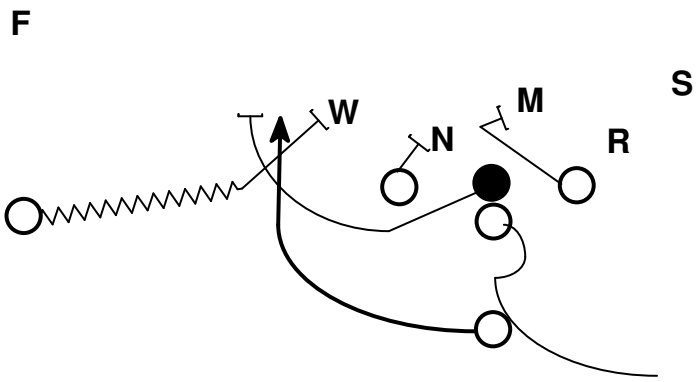


38 Toss

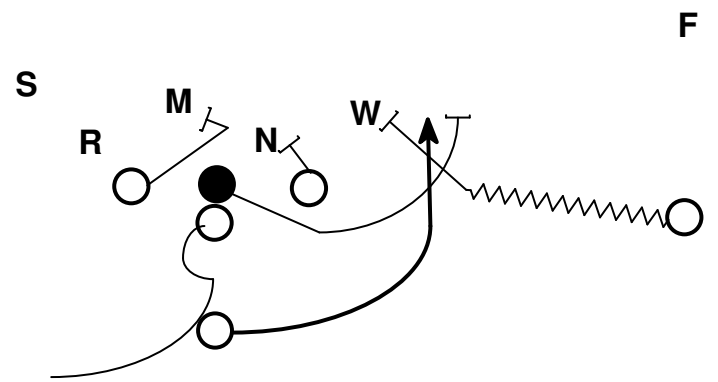




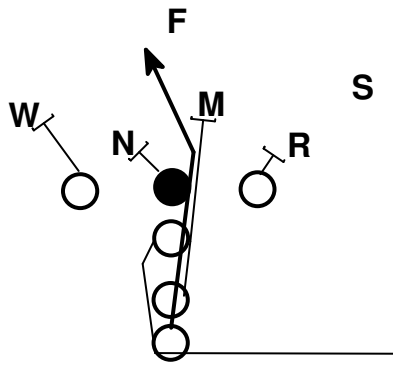
Ace Wide Left 39 Toss Crack



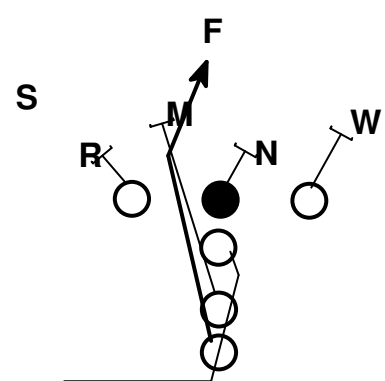
Ace Wide Right 38 Toss Crack



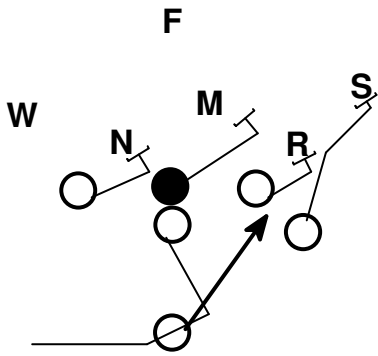
32 Lead



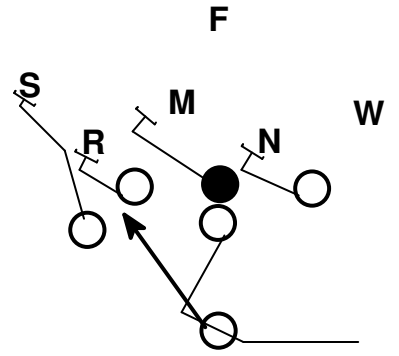
31 Lead



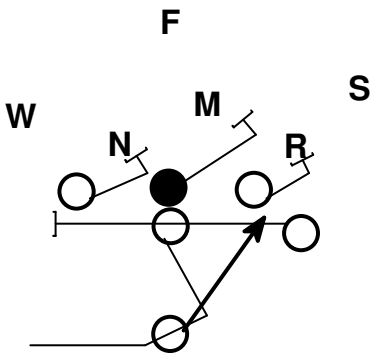
Slot Right 44 Lead



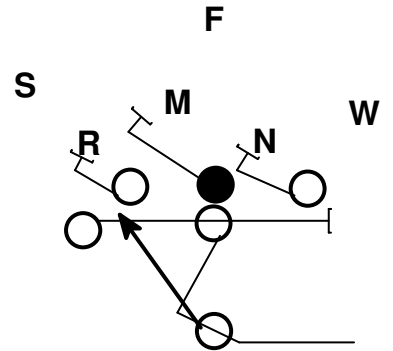
Slot Left 43 Lead



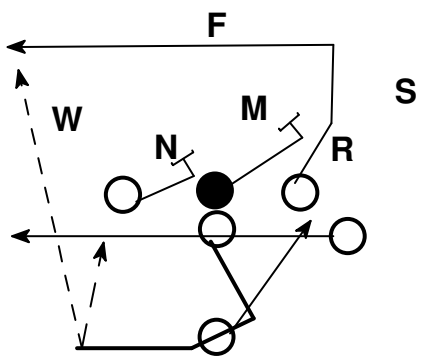
Slot Right 44 Bob



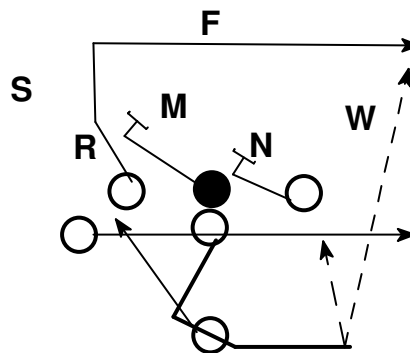
Slot Left 43 Bob



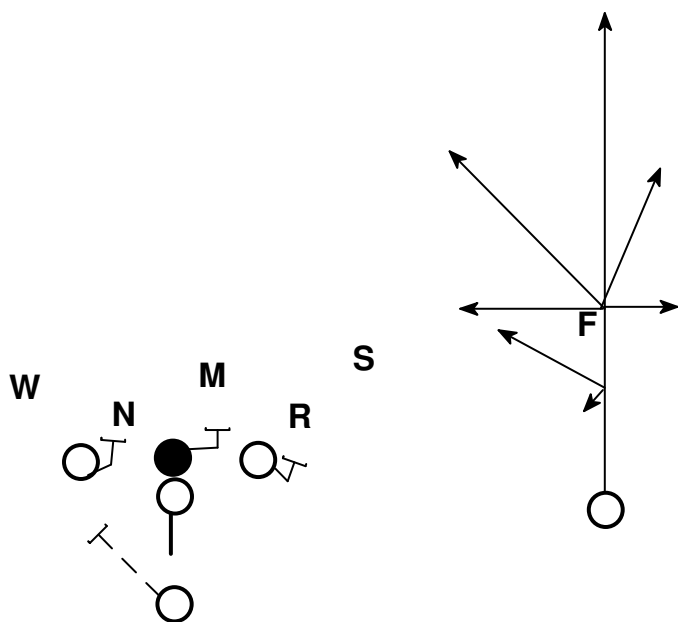
Pro 44 Shovel Drag



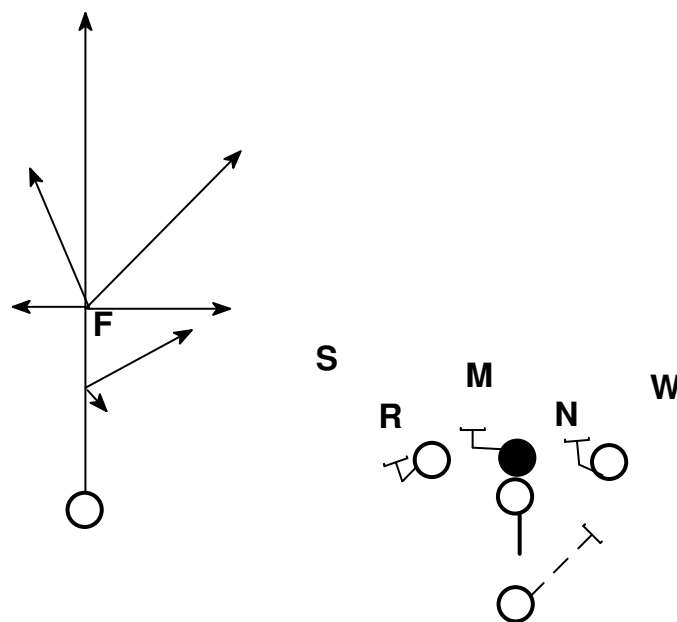
Pro 43 Shovel Drag



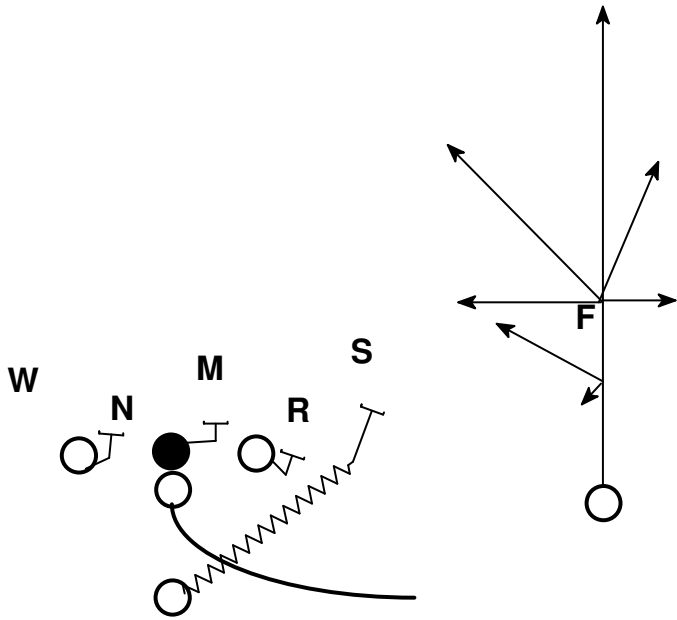
Ace Wide Right 60 (Route)



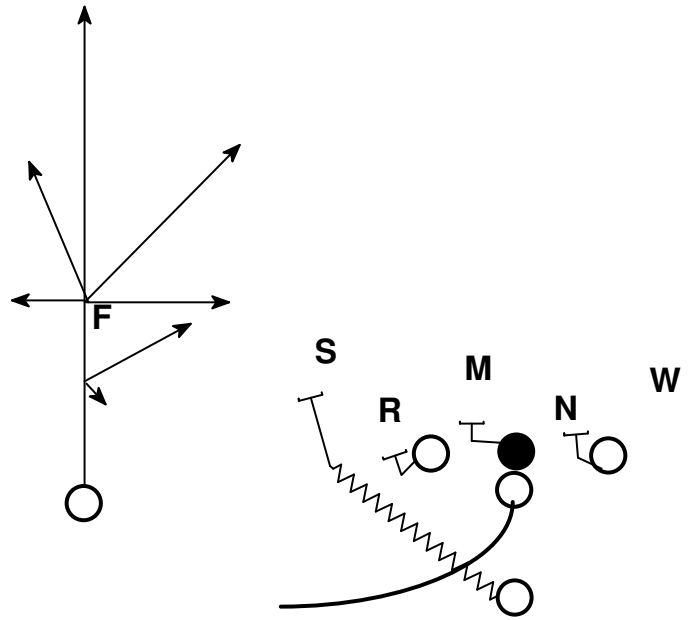
Ace Wide Left 61 (Route)



Ace Wide Right 68 (Route)

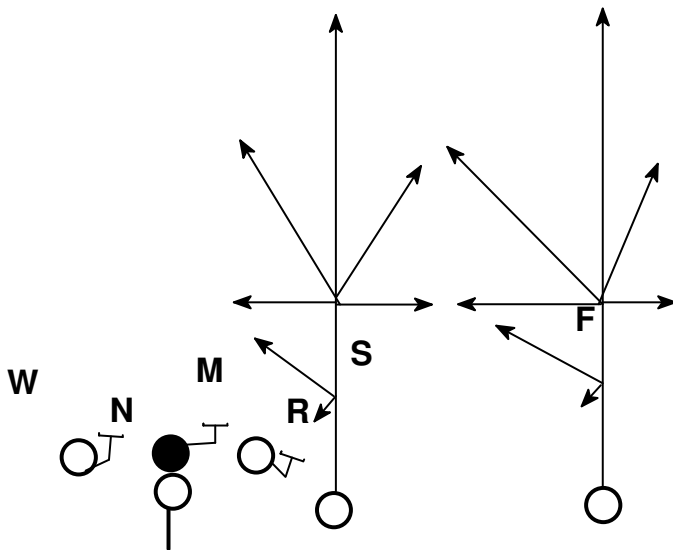


Ace Wide Left 69 (Route)

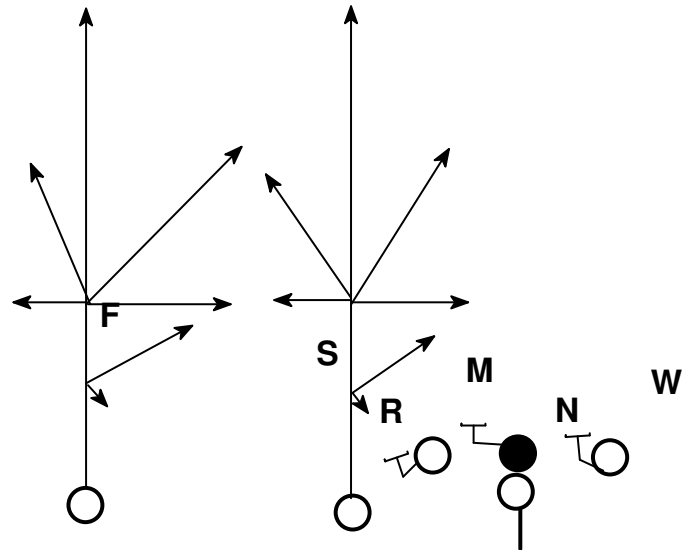


Ace Wide and Slot Right 50 (Route)

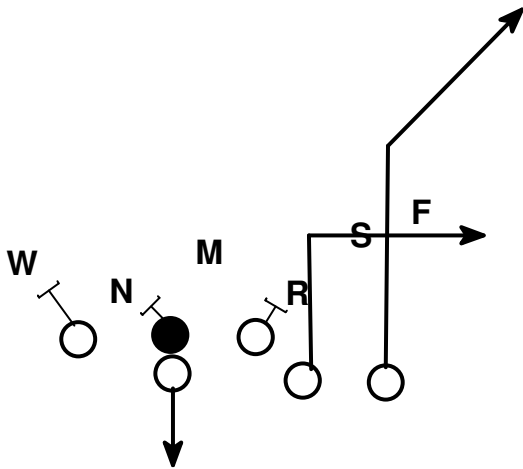
Play Call is Inside Route then Outside



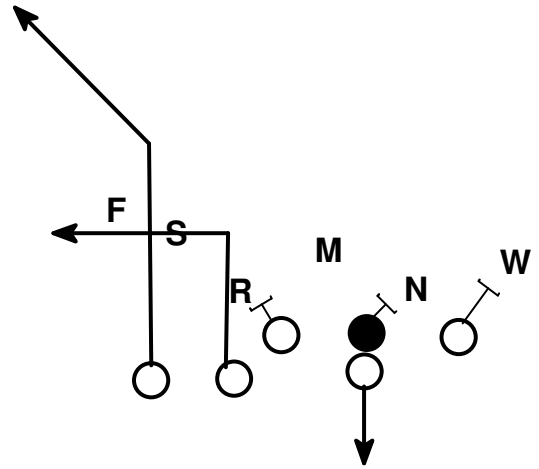
Ace Wide and Slot Left 51 (Route)



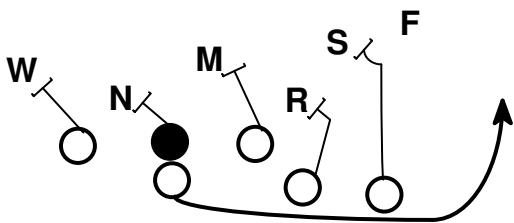
Twin Slot Right 50 (Routes) 46



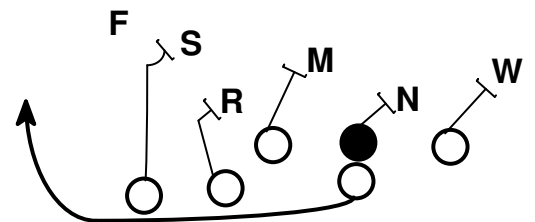
Twin Slot Right 51 (Routes) 46



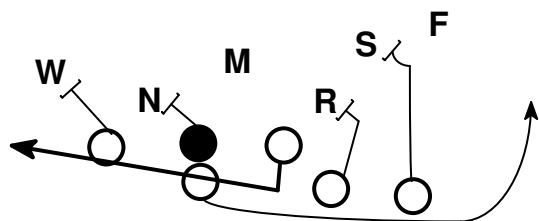
Twin Slots Right 18 Power Sweep



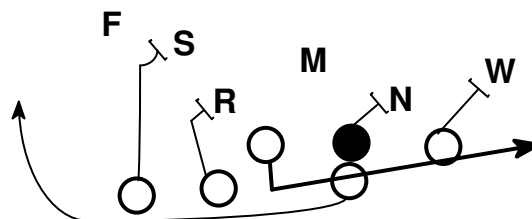
Twin Slots Right 19 Power Sweep



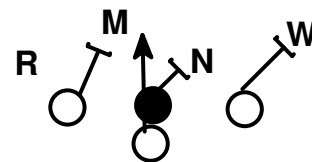
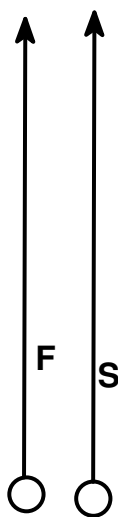
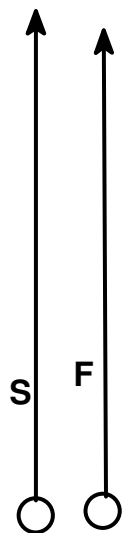
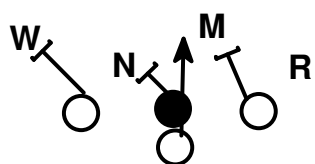
Twin Slot Right Fake 18 Power Sweep End Around



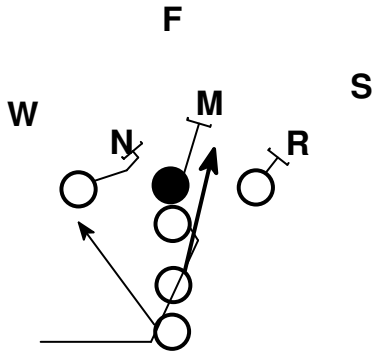
Twin Slot Left Fake 19 Power Sweep End Around



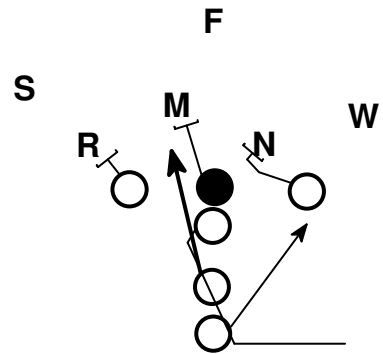
Twin Wide Right 12 QB Sneak



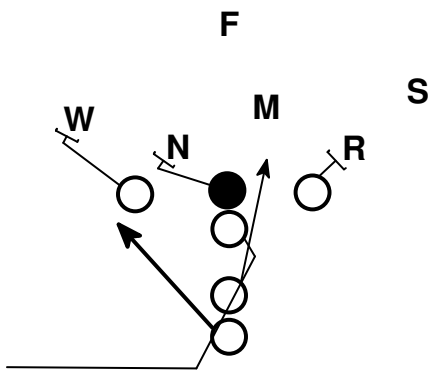
22 Split Dive



21 Split Dive



33 Split Dive



34 Split Dive

